

# Mr. Kevin Todoroff

5th Degree Black Belt  
1st Degree Black Belt in the  
Joe Lewis fighting system Certified  
instructor with AIKIA



## Martial Arts Policies:

Full payment is due upon registration.

No Refunds.

Make-ups are allowed within the SAME session as registered NOT carried over to next session. MUST BE SCHEDULED THRU MR. T DIRECTLY

### SUMMER ONLY POLICY

You may pro-rate out up to 2 weeks for vacation. Dates must be provided at registration

\$65 Annual Non-Member registration  
fee required

Make sure to follow us on



## Private Lessons & Private Groups available

Private Instruction w/Mr. T-

\$35—1/2 hour    \$60 1 hour

Private Clinics w/ Mr. T-

# of students	2	3	4	5
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Fee per student	\$33	\$24	\$20	\$17
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## Belt Testing

Several times throughout the year, students are encouraged to *Test* and progress to the “next” Belt Level. They are fitted with the appropriate color belt for the next phase of their training.

Parents will receive notification of upcoming Belt Testing & are welcome and encouraged to view their child’s Belt Tests.



*Information subject to change*



# American Freestyle MARTIAL ARTS

## SUMMER

## 2018



248.626.9880  
EXT. 3

# American Freestyle Martial Arts

Adults /Teen (age 13 & up)  
Children (ages 5-13)

## SESSION:

**SUMMER (11 weeks)**

June 18—Aug 31st

## Little NINJAS (ages 3-5)

Our *Little Ninja* Program is an **Introduction to Martial Arts for children 3-5 years of age.**

Concentrating on developing self-discipline, self-esteem, gross motor skills and increased attention span. Activities are designed to increase muscle tone, flexibility and agility while creating a fun & encouraging environment.

**FREE shirt & pants for new Little Ninja students**

Thu 5:30-6:15  
Sat 9:15-10:00 am



1 x a week prices:

<b>Cost :</b>	<b>10wks</b>
Fitness Member	\$158
Tennis/Non-Member	\$176

## Class Schedule

### WH/ OR/YW

Mon. 4:30-5:30 Wed. 4:30-5:30

Thur. 6:30-7:30 Sat. 11-12:00

### FUN FITNESS

Mon 6:30-7:30 Fri 4:30-5:30 Sat 12-1pm

### ALL RANKS (Youth)

Fri 5:30- 6:30

### ADULT/TEEN

Tue 6:30-7:30 Thu 7:30-8:30

Sat 10-11:00

### ADULTS 40 & over

Wed 6:30-7:30

### NEW! FAMILY CLASS

Tue 5:30-6:30pm

### Registration options:

#### 1 day per week: **11 wks**

Fitness Member \$198

Tennis/Non-Member \$219

#### 2 days per week: **11 wks**

Fitness Member \$313

Tennis/Non-Member \$345

#### Unlimited: **11 wks**

Fitness Member \$390

Tennis/Non-Member \$430

**Private Lessons are available**

contact Mr. Todoroff

@ 248-626-9880 ext. 128

## Class Schedule

### CAMO & ABOVE

**Minimum of 2 x a week**

### CAMO-BLK

Mon. 5:30-6:30 Tue 4:30-5:30

Wed 5:30-6:30 Thur. 4:30-5:30

Sat. 1:00-2pm

### ALL RANKS (Youth)

Fri 5:30- 6:30

### FUN FITNESS **\*\*Unlimited option only\*\***

Mon 6:30-7:30 Fri 4:30-5:30 Sat 12-1pm

### Registration options:

**2 days per week: 11 wks**

Fitness Member \$313

Tennis/Non-Member \$345

**Unlimited: 11 wks**

Fitness Member \$390

Tennis/Non-Member \$430

## BELT TRIAL

**-Try our Program-**

4 weeks of

**Unlimited Classes for \$69**

*first-time students only*

**Start *any date***

(Applies to: White Belt, Fun Fitness & Adult/Teen)