

MARTIAL ARTS

JUNE 15 – AUGUST 30
NO CLASS JULY 4



WHITE-YELLOW BELTS

MONDAY	4:00 - 5:00PM
WEDNESDAY	4:30 - 5:30PM
THURSDAY	4:30 - 5:30PM



CAMO-BLACK BELTS

MOMDAY	5:00 - 6:00PM
TUESDAY	4:30 - 5:30PM
WEDNESDAY	5:30 - 6:30PM



ADULT/TEEN

MONDAY	6:00 - 7:00PM
TUESDAY	5:30 - 6:30PM
THURSDAY	5:30 - 6:30PM



BUILD CONFIDENCE



LEARN DISCIPLINE



STAY STRONG

