

American Freestyle Martial Arts

Sessions:

Fall 1 (10 weeks) Sept 3-Nov 10

Fall 2 (12 weeks) Nov 11-Feb 2, 2020 (omit Nov 28, Dec 24, 25, 31, Jan 1, 2020)

Winter (12 weeks) Feb 3-Apr 26, 2020 (omit Apr 12)

Head Instructor

Master Kevin Todoroff (5th-Degree Black Belt)

Mr. Kevin Todoroff is a 5th degree Black belt and is a certified instructor in the AIKIA. He is also a 1st degree Black belt in the Joe Lewis Fighting System. He has 32 years of experience in the art and science of Martial Arts. His studies include knife and stick training, ground fighting, pressure points, kickboxing and women's self defense. Kevin has been teaching Martial Arts at The Sports Club of West Bloomfield since 1995.

Private Instruction	1/2 hour	1 hour
Kevin Todoroff	\$35	\$60

Private Clinics with Kevin Todoroff (1 hour)

Number Of Students	2	3	4	5	6
Fees Per Student	\$33	\$24	\$20	\$17	\$15

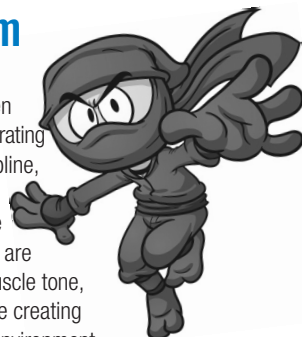
Belt Trial \$69

- 4 weeks of unlimited classes.
- Ages 5-12, White/Orange/Yellow class times
- Ages 13 and Up, Adult/Teen class times



Little Ninjas Martial Arts Program

Our introduction to the Martial Arts is for children 3-5 years of age concentrating on developing self-discipline, self-esteem, gross motor skills and increase attention span. Activities are designed to increase muscle tone, flexibility and agility while creating a fun and encouraging environment.



Little Ninjas - Age 3-5

Tues	5:30-6:15 pm
Wed	4:30-5:15 pm
Thurs	5:30-6:15 pm
Sat	9:15-10:00 am

Cost: (one 45 minute class per week):

	10 Weeks	12 Weeks
Fitness Member	\$144	\$173
Tennis & Program Member	\$160	\$192

Camo and above are required to register for a minimum of two Belt Level classes per week.

White-Orange-Yellow (one hour class)

Mon	4:30 pm
Wed	5:30 pm
Fri	4:30 pm
Sat	11:00 am

Camo-Purple (one hour class)

Mon	5:30 pm
Sat	12:00 pm

Brown-Black (one hour class)

Mon	6:30 pm
Sat	1:00 pm

Camo-Black (one hour class)

Tues	4:30 pm
Wed	6:30 pm
Thurs	4:30 pm
Fri	5:30 pm

Adult-Teen Age 13 & Up (one hour class)

Tues	6:30 pm
Thurs	7:30 pm
Sat	10:00 am

Cost: (one hour class):

	10 Weeks	12 Weeks
1 Day Per Week		
Fitness Member	\$180	\$216
Tennis & Program Member	\$199	\$239
2 Day Add		
Fitness Member	\$105	\$126
Tennis & Program Member	\$115	\$138
3 Day Add		
Fitness Member	\$70	\$84
Tennis & Program Member	\$77	\$92