

THE FIELD HOUSE

Granit Caushaj Director of Youth & Adult Soccer and Elite Football Training (EFT)

Granit has extensive experience both as a player and a coach. Granit grew up playing in Albania where he played on the Albanian U17 National team. He played D1 Soccer for Marshall University, where he received a degree in Exercise Physiology. Following college, his Professional soccer career began with the Czech Republic Europe, and continued into the United States playing for the USL. He currently coaches club soccer with the Michigan Wolves-Hawks.

Granit holds the following coaching certifications:

- UEFA B License (Union of European Football Association)
- USSF C License (United States Soccer Federation).

Sessions:

Fall 1 (9 weeks) Sept 3-Nov 1

Fall 2 (12 weeks) Nov 11-Feb 2, 2020 (omit Nov 28, Dec 24, 25, 31, Jan 1, 2020)

Winter (12 weeks) Feb 3-Apr 26, 2020 (omit Apr 12)

Youth Soccer Instructional Classes

Fall 1 (9 weeks)

1st Steps - Age 3-5 (one hour class)

Mon	4:30 pm	5:30 pm
Wed	4:30 pm	5:30 pm
Fri	4:30 pm	5:30 pm
Sat	11:00 am	

Stoppers Age 5-8 (one hour class)

Mon	4:30 pm	5:30 pm
Wed	4:30 pm	5:30 pm
Fri	4:30 pm	5:30 pm
Sat	11:00 am	

Shooters 8-10 (one hour class)

Mon	4:30 pm	5:30 pm
Wed	4:30 pm	5:30 pm
Fri	4:30 pm	5:30 pm
Sat	11:00 am	

Strikers 10 & Up (one hour class)

Mon	4:30 pm	5:30 pm
Wed	4:30 pm	5:30 pm
Fri	4:30 pm	5:30 pm
Sat	11:00 am	

Minimum of six students to run. Call Sports Programming to register at 248.626.9880, ext. 3.

Cost:	Fall 1 (9 weeks)
Fitness Member	\$135
Tennis & Program Member	\$152

Adult Soccer - Train & Play

Sessions:

Fall 1 (10 weeks) Sept 3-Nov 10

Fall 2 (12 weeks) Nov 11-Feb 2, 2020 (omit Nov 28, Dec 24, 25, 31, Jan 1, 2020)

Winter (12 weeks) Feb 3-Apr 26, 2020 (omit Apr 12)

Beginner/Advanced Beginner

Mon 9:30-11:00 am

Intermediate

Wed 10:30 am-12:00 pm



For more information visit thesportsclubs.com

Fall 2 / Winter (12 weeks)

1st Steps - Age 3-5 (one hour class)

Mon	4:30 pm
Wed	4:30 pm
Fri	4:30 pm

Stoppers Age 5-8 (one hour class)

Mon	4:30 pm
Wed	4:30 pm
Fri	4:30 pm

Shooters 8-10 (one hour class)

Mon	4:30 pm
Wed	4:30 pm
Fri	4:30 pm

Strikers 10 & Up (one hour class)

Mon	4:30 pm
Wed	4:30 pm
Fri	4:30 pm

Minimum of six students to run. Call Sports Programming to register at 248.626.9880, ext. 3.

Cost:	Fall 2/Winter (12 weeks)
Fitness Member	\$180
Tennis & Program Member	\$203



Minimum of six students to run. Call Sports Programming to register at 248.626.9880, ext.3.

Cost:	Fall 1 (10 weeks)
Fitness Member	\$240
Tennis & Program Member	\$270

Cost:	Fall 2/Winter (12 weeks)
Fitness Member	\$288
Tennis & Program Member	\$324

A 30,000 square foot state-of-the-art turf athletic facility. Programs include Soccer, Adult and Youth Soccer Leagues, Lacrosse, Field Hockey, Boot Camps, Personal Training, Elite Strength and Conditioning Training, and Field Rental opportunities. **Visit thesportsclubs.com**

Lacrosse and Field Hockey

Skill and Play Classes - Girls Ages 9-13

Classes will consist of focused skill development followed by small games/scrimmages.

Coaches:

Vicki Yost - Farmington United Field Hockey Varsity Coach, North/Harrison Lacrosse Assistant Coach

Nicky Barrett - Ann Arbor Skyline Varsity Field Hockey Coach, North/Harrison Varsity Lacrosse Coach

Girls Lacrosse

Nov 21-Dec 19 (4 Weeks) (omit Nov 28)

Girls Field Hockey

Jan 14- Feb 6, 2020 (4 Weeks)

Tues/Thurs 4:15-5:30 pm

Minimum of six students to run. Call Sports Programming to register at 248.626.9880, ext. 3.

Fitness Member \$165

Tennis & Program Member \$185



Field Rental

Call to reserve your spot

- 7 v 7 Field
- Multi-purpose Training Area
- Team Practice
- Sports Activities
- League Play
- Parties

Contact Ryan Arndt at 248.626.9880, ext. 127.

Elite Soccer Training with Granit Caushaj

Granit Caushaj – Director of Youth & Adult Soccer and Elite Football Training (EFT)

EFT is an individual and small group Soccer program designed for young, competitive, high level soccer players who want to immerse themselves in an elite environment and are driven to develop impeccable skills and techniques.

- 8 week sessions/two 90 minute sessions per week
- Groups limited to 8-10 players
- Ages U8-U18, boys and girls

Private Lessons Available

- Dribbling
- Passing
- Shooting
- Game Situations
- Footwork
- Conditioning



Contact Granit at elitefutboltraining@gmail.com or 248-626-9880, ext. 227.

Program Policies

- Full payment is due upon registration
- No Refunds
- Make-ups are not guaranteed; however, two make-ups per session (if space permits) are allowed.
- Make-ups are NOT carried over to next session.
- Make-up classes are **not guaranteed**
- \$65 Annual Sports Program Membership fee required