

# Tournament Training

## Sessions:

- Fall 1 (10 weeks)** Sept 4-Nov 11
- Fall 2 (11 weeks)** Nov 12-Jan 27, 2019 (omit Nov 22, Dec 24, 25, 31, Jan 1, 2019)
- Winter (10 weeks)** Jan 28- Apr 7, 2019
- Spring (10 weeks)** Apr 8-Jun 16, 2019 (omit Apr 21, May 25-27)



The progression of the Tournament Training Program is **Young Players** ..... ➤ **Tournament Training** ..... ➤ **Tournament Elite** ..... ➤ **Elite XX**.

Tournament Training program requires approval from Director Justin Rossi.

## Tournament Training Program

The Tournament Training Program is designed for Young Players and High level tournament players who compete in District, Regional, and National tournaments.

Our Tournament Training Program is taught by the area's top professionals:

- Justin Rossi, Director of Tournament Training
- Ricky Brown, Director of Tennis
- Joe Brennan, Assistant Director of Tennis
- Marimar Alonso, USTA Team Tennis Coordinator
- Ed Nagel
- Adam Williams

All levels of this program will consist of two hours of intense training including high level drills, match play, point play, footwork, and fitness.

The goal of the Tournament Training Program is to progress players from District, to Midwest, to National level tournaments. Participation in tournaments is a requirement of the program to ensure that our players are getting the proper experience to improve the level of their game.

## Young Players

This class is for players who have progressed to the green dot ball through the "USTA Youth Progression System." Students should be able to rally 3-5 balls in a row consistently and are able to get the serve in consistently.

Players must be ready to participate in "USTA Youth Progression" tournaments and/or USTA team tennis.

## Tournament Training

(Two days a week highly recommended)

This group consists of younger tournament players at the SEMTA level. Emphasis is placed on drilling, point play and match situations. These players will progress to the Tournament Elite level and to High School Varsity teams.

Tue/Thur 4:30-6:30 pm

## Joe Brennan's Tournament Group

Sun 11:00 am-1:00 pm



**Cost: Discounts for multiple days. (Young Players, Tournament Training, Tournament Elite and Joe Brennan's Tournament Group):**

10 Weeks	1st Day	2nd Day	3rd Day
<b>Fitness Members</b>	\$523	\$381	\$278
<b>Tennis &amp; Program Members</b>	\$583	\$452	\$350
11 Weeks	1st Day	2nd Day	3rd Day
<b>Fitness Members</b>	\$575	\$419	\$306
<b>Tennis &amp; Program Members</b>	\$641	\$497	\$385



## Tournament Elite

(Two days a week highly recommended)

This group consists of players playing SEMTA and Midwest level tournaments and High School Varsity players. Emphasis is placed on drilling, point play and match situations. These players will progress to the Elite XX group and to college level teams.

Mon/Wed 4:30-6:30 pm

## Elite XX (Two day requirement\*)

This group is for players with a 9.5+ UTR. Elite XX requires approval from Director Justin Rossi.

Tue/Thur 4:30-6:30 pm

## Cost: Elite XX\*:

10 Weeks	2 Days	3 Days
<b>Fitness Members</b>	\$904	\$1,179
<b>Tennis &amp; Program Members</b>	\$1,035	\$1,385
11 Weeks	2 Days	3 Days
<b>Fitness Members</b>	\$994	\$1,300
<b>Tennis &amp; Program Members</b>	\$1,138	\$1,523



**Players currently registered in our Tournament Training program have privileges in the weight and cardio area of the club.**

A \$200 value per session. Appropriate age restrictions apply.

## Tournament Training Drop-ins:

- **\$65** per drop-in (based on availability)
- Maximum of two drop-ins
- Enrolled Tournament Training players can do unlimited additional drop-ins (based on availability)
- Must **Reserve** a spot with Anita at 248-626-9880, ext. 218

## Saturday Point Play With Justin Rossi

**Tournament Prep (Ages 8-14 Boys & Girls)**  
September 8 10:00 am-12:00 pm

**Varsity Boys & Girls & Tournament Players**  
October 27 12:00-2:00 pm

Any questions contact Justin Rossi.

To register contact Anita 248-626-9880 x 218 or scwbjrtennis@yahoo.com

## Cost: 10 Weeks

- \$450
- \$55 Drop-in (based on availability)



## USTA Team Tennis

**Here's a chance for your child to get involved in one of the fastest growing programs in the country!**

**Teams form in September**

**Practices offered Fridays 6:30-8:30 pm**

USTA Team Tennis provides the opportunity for players ages 6-18, of all skill levels, to participate in a competitive team environment.

USTA Team Tennis is divided up into two seasons, Fall and Winter, with the Fall season beginning in mid-October and the Winter session being completed in early March. The seasons are designed to compliment the high school and middle school playing seasons. Match fees include pizza and pop for every player.

Co-ed teams are comprised of a minimum of six players of similar age and skill, and they compete against other teams from the same geographic region in one of four league divisions: 10, 12, 14 and 18 and under, with both Intermediate and Advanced Levels. Teams have the opportunity to advance to Regional, Sectional and National championships.

Contact our USTA team coordinator, Marimar Alonso, for more information at 586-871-4846 or marimar.alonso@att.net.

## Cost:

- \$25 per practice in current Juinor Tennis program
- \$30 per practice not in current Juinor Tennis program