

Program Policies:

Full payment is due upon registration.

No Refunds.

No pro-rations unless registration is after the start date of class.

Make-ups are not guaranteed; however, 2 make-ups per session (if space permits) is allowed.

Make-ups are **NOT** carried over to next session.

No jewelry- rings, necklaces, watches, bracelets, hoop or hanging earrings.

Please wear tight fitting clothes (ie. leotard, leggings).

Children will be barefoot down in the gym.

NO FOOD or DRINK permitted in the gym.

Parents and siblings can watch from the viewing area upstairs.

\$65 annual non member registration fee

Information subject to change

Make sure to follow us on



The Sports Club of West Bloomfield
6343 Farmington Rd
W. Bloomfield, MI 48322



GYMNASTICS

Winter/Spring 2018

248.626.9880 EXT. 3
WWW.THESPORTSCLUBS.COM

Gymnastics

Dean Smarjesse, Director

SESSION:

Winter (10 weeks)

Feb 5th-April 15th

Spring (9 weeks)

April 16th-June 17th
Omit May 26, 27 & 28th

Mommy & Me

Come Play with Me

(Parent/Child ~ Ages 1-3)

Only parent & participating child allowed in gym; \$10.00 fee each class for additional siblings. Minimum of 2 full price registrations required for sibling discount.

Active parental participation is required for classes.

45 minute class WITH PARENT

Tues 6:45pm Wed 5:15pm
Sat 10:15am or 11:00am

Caterpillars

 Ages 3-5 (45 min.)

Mon 4:30pm 5:15pm 6:00pm
Tue 4:30pm 5:15pm
Wed 4:30pm 5:15pm
Thu 4:30pm 5:15pm 6:00pm
Sat 9:30am 10:15am 11:45am

Starflies

 Ages 4 1/2-6 (45 min)

Mon 5:15pm 6:00pm
Tue 4:30pm 6:00pm
Wed 4:30pm 5:15pm
Thu 4:30pm 5:15pm 6:00pm
Sat 10:15am 11:00am

Cost 45 min. class (10 wks) (9 wks)

Fitness Member \$144 \$130
Tennis & Non Mem. \$160 \$144

Fireflies-Boys only

ages 4 1/2-6 (45 min)

Mon 4:30pm
Tue 4:30pm
Wed 4:30pm 6:00pm
Thu 5:15pm
Sat 9:30am 11:00am

Cost 45 min. class (10 wks) (9 wks)

Fitness Member \$144 \$130
Tennis & Non Mem. \$160 \$144

Advanced Starflies-Girls only

Ages (4 1/2-6) 1.25hrs

Instructor approval required

Mon 6-7:15pm
Tue 5:30-6:45pm
Thu 4:30-5:45pm
Sat 10:00-11:15am

Cost 1.25 hr class:

(10 wks) (9 wks)
Fitness Member \$195 \$176
Tennis & Non Mem. \$221 \$199

Tumbling 100— Focus on cartwheels, round-offs, handstands, bridges and rolls. Strength and flexibility conditioning will also be incorporated.

Mon-5:15-6:15pm

Tumbling 200— Will focus on back and front walkovers.

Wed- 4:15-5:15pm

Cost 1 hour class (10 wks) (9 wks)

Fitness Member \$170 \$153
Tennis & Non Mem. \$190 \$171

Recreational GIRLS (ages 6-12)

All Levels (1.5 HRS)

M, T, W, TH 4:30-6:00pm
6:00-7:30pm
SA 9:30-11:00am 11-12:30pm

Recreational BOYS

(ages 6 & UP)

T, W 4:30-6:00pm
TH 6:00-7:30pm
SA 11-12:30pm



Cost 1.5 hr class: (10 wks) (9 wks)

Fitness Member \$241 \$217
Tennis & Non Mem. \$268 \$242

Sports Club Kips

Instructor approval required

A fun team atmosphere for level 3-8 gymnasts.

T, TH, 6:30-8:30pm
Sa 10:00am-12:00pm

Cost for Kips: (10 weeks)

1st day 2nd day 3rd day
add add
Fitness Mem \$293 \$190 \$123
Ten & Non Mem. \$327 \$212 \$138

(9 weeks)

1st day 2nd day 3rd day
add add
Fitness Mem \$264 \$171 \$111
Ten & Non Mem. \$295 \$191 \$125