

Mr. Kevin Todoroff

5th Degree Black Belt
1st Degree Black Belt in the
Joe Lewis fighting system Certified
instructor with AIKIA



Martial Arts Policies:

Full payment is due upon registration.

No Refunds.

Make-ups are allowed within the SAME session as registered NOT carried over to next session. MUST BE SCHEDULED THRU MR. T DIRECTLY

SUMMER ONLY POLICY

You may pro-rate out up to 2 weeks for vacation. Dates must be provided at registration

\$65 Annual Non-Member registration
fee required

Make sure to follow us on



Private Lessons & Private Groups available

Private Instruction w/Mr. T-

\$35—1/2 hour \$60 1 hour

Private Clinics w/ Mr. T-

# of students	2	3	4	5
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Fee per student	\$33	\$24	\$20	\$17
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Belt Testing

Several times throughout the year, students are encouraged to *Test* and progress to the “next” Belt Level. They are fitted with the appropriate color belt for the next phase of their training.

Parents will receive notification of upcoming Belt Testing & are welcome and encouraged to view their child’s Belt Tests.



Information subject to change



American Freestyle MARTIAL ARTS

SUMMER

2018



248.626.9880
EXT. 3

American Freestyle Martial Arts

Adults /Teen (age 13 & up)
Children (ages 5-13)

SESSION:

SUMMER (11 weeks)

June 18—Aug 31st

Little NINJAS (ages 3-5)

Our *Little Ninja* Program is an **Introduction to Martial Arts for children 3-5 years of age.**

Concentrating on developing self-discipline, self-esteem, gross motor skills and increased attention span. Activities are designed to increase muscle tone, flexibility and agility while creating a fun & encouraging environment.

FREE shirt & pants for new Little Ninja students

Thu 5:30-6:15
Sat 9:15-10:00 am



1 x a week prices:

Cost :	10wks
Fitness Member	\$158
Tennis/Non-Member	\$176

Class Schedule

WH/ OR/YW

Mon. 4:30-5:30 Wed. 4:30-5:30

Thur. 6:30-7:30 Sat. 11-1200

FUN FITNESS

Mon 6:30-7:30 Sat 12-1pm

ADULT/TEEN

Tue 6:30-7:30 Thu 7:30-8:30

Sat 10-11:00

ADULTS 40 & over

Wed 6:30-7:30

NEW! FAMILY CLASS

Tue 5:30-6:30pm

Registration options:

1 day per week: 11 wks

Fitness Member \$198

Tennis/Non-Member \$219

2 days per week: 11 wks

Fitness Member \$313

Tennis/Non-Member \$345

Unlimited: 11 wks

Fitness Member \$390

Tennis/Non-Member \$430

Private Lessons are available
contact Mr. Todoroff
@ 248-626-9880 ext. 128

Class Schedule

CAMO & ABOVE

Minimum of 2 x a week

CAMO-BLK

Mon. 5:30-630 Tue 4:30-5:30

Wed 5:30-6:30 Thur. 4:30-530

Sat. 1:00-2pm

FUN FITNESS ****Unlimited option only****

Mon 6:30-7:30 Fri 4:30-5:30 Sat 12-1pm

Registration options:

2 days per week: 11 wks

Fitness Member \$313

Tennis/Non-Member \$345

Unlimited: 11 wks

Fitness Member \$390

Tennis/Non-Member \$430

BELT TRIAL

-Try our Program-
4 weeks of

Unlimited Classes for \$69

first-time students only

Start *any date*

(Applies to: White Belt, All Ranks, Fun Fitness & Adult/Teen)